### NATIONAL BOARD OF EXAMINERS IN OPTOMETRY®

### **Station 4 Evaluation Form**

#### August 2023 - May 2024

#### **General Items**

#### Did the candidate:

- 1. greet the patient?
- 2. properly wash their hands for 20 seconds and dry them completely?
- 3. properly clean the forehead and chin rests on the biomicroscope?

#### SKILL 18, BINOCULAR INDIRECT OPHTHALMOSCOPY

#### Did the candidate:

- 4. explain the purpose of the procedure to the patient?
- 5. position the condensing lens properly (more convex side toward candidate)?

## Did the candidate properly examine the following and obtain a clear image, filling the condensing lens as much as possible without the arcades in the view:

- 6. superior peripheral retina?
- 7. accurately identify the quadrant and provide an assessment of the superior peripheral retina?
- 8. superior-nasal peripheral retina?
- 9. accurately identify the quadrant and provide an assessment of the superior-nasal peripheral retina?
- 10. nasal peripheral retina?
- 11. accurately identify the quadrant and provide an assessment of the nasal peripheral retina?
- 12. inferior-nasal peripheral retina?
- 13. accurately identify the quadrant and provide an assessment of the inferior-nasal peripheral retina?
- 14. inferior peripheral retina?
- 15. accurately identify the quadrant and provide an assessment of the inferior peripheral retina?
- 16. inferior-temporal peripheral retina?
- 17. accurately identify the quadrant and provide an assessment of the inferior-temporal peripheral retina?
- 18. temporal peripheral retina?
- 19. accurately identify the quadrant and provide an assessment of the temporal peripheral retina?
- 20. superior-temporal peripheral retina?
- 21. accurately identify the quadrant and provide an assessment of the superior-temporal peripheral retina?

# Did the candidate properly examine the following and obtain a clear image, filling the condensing lens as much as possible:

- 22. posterior pole (including optic nerve and macula)?
- 23. provide an assessment of the posterior pole?

#### Did the candidate:

- 24. properly instruct the patient throughout the procedure?
- 25. perform the procedure in a smooth and logical sequence?

#### SKILL 19, DILATED BIOMICROSCOPY AND NON-CONTACT FUNDUS LENS EVALUATION

#### Did the candidate:

- 26. explain the purpose of the procedure to the patient?
- 27. confirm eyepieces are focused?

#### Using the biomicroscope without the non-contact fundus lens, did the candidate:

- 28. properly scan the crystalline lens using a parallelepiped and/or optic section?
- 29. accurately describe the crystalline lens?
- 30. properly examine the crystalline lens using retroillumination (maximum illumination for this item only)?
- 31. accurately describe the crystalline lens with retroillumination?
- 32. properly examine the retrolental area/anterior vitreous?
- 33. accurately describe the retrolental area/anterior vitreous?

#### Using the biomicroscope with the non-contact fundus lens, did the candidate:

- 34. provide appropriate instructions for fixation?
- 35. properly position the non-contact fundus lens (alignment, centration, distance)?
- 36. properly examine the posterior vitreous?
- 37. accurately describe the posterior vitreous?
- 38. properly examine the optic nerve?
- 39. accurately describe the optic nerve (color, rim integrity, contour, peripapillary area)?
- 40. accurately state the horizontal C/D ratio?
- 41. accurately state the vertical C/D ratio?
- 42. properly examine the posterior pole along both the superior and inferior temporal arcades?
- 43. accurately identify and describe the posterior pole along both the superior and inferior temporal arcades?
- 44. properly examine the posterior pole along both the superior and inferior nasal arcades?
- 45. accurately identify and describe the posterior pole along both the superior and inferior nasal arcades?
- 46. properly examine both the fovea and macula?
- 47. accurately describe both the fovea and macula?
- 48. perform the procedure in a smooth and logical sequence?

#### **General Items**

#### Did the candidate:

- 49. describe to the patient the given finding (one descriptive fact) and its associated management (one management strategy)?
- 50. maintain proper hygiene throughout the station?

#### **SP SCORING**

#### Did the candidate:

- 51. greet you in a professional manner?
- 52. provide an understandable explanation for the purpose of the skills?
- 53. provide you with clear instructions throughout the station?
- 54. perform the station skills in a smooth and efficient manner?
- 55. maintain a professional demeanor during the timed portion?
- 56. maintain proper hygiene throughout the station?
- 57. ensure you were free from unnecessary pain/discomfort throughout the station?