NATIONAL BOARD OF EXAMINERS IN OPTOMETRY®

Station 2 Evaluation Form

August 2023 - May 2024

General Items

Before the first skill, did the candidate:

- 1. greet the patient?
- 2. properly wash their hands for 20 seconds and dry them completely?
- 3. state they would properly disinfect ocular instruments prior to using them?
- 4. properly clean the forehead and chin rests on the biomicroscope?

SKILL 9, BIOMICROSCOPY

Did the candidate:

- 5. explain the purpose of the procedure to the patient?
- 6. confirm eyepieces are focused?

Did the candidate properly identify, while examining, the following:

- 7. properly examine the entire upper and lower lids and lashes?
- 8. accurately describe the upper and lower lids and lashes?
- 9. properly examine the entire upper and lower lid margins and lower puncta?
- 10. accurately describe the upper and lower lid margins and lower puncta?
- 11. properly examine the entire inferior palpebral conjunctiva (using lower lid eversion)?
- 12. accurately describe the inferior palpebral conjunctiva?
- 13. properly examine the entire superior palpebral conjunctiva (using upper lid eversion)?
- 14. accurately describe the superior palpebral conjunctiva?
- 15. properly examine the entire bulbar conjunctiva and sclera?
- 16. accurately describe the bulbar conjunctiva and sclera?
- 17. properly examine the entire cornea using a parallelepiped?
- 18. properly examine the entire cornea using an optic section?
- 19. accurately describe the cornea (epithelium, stroma, endothelium)?
- 20. properly assess the temporal anterior chamber angle using the Van Herick technique?
- 21. accurately describe the temporal anterior chamber angle findings using the Van Herick technique ?
- 22. properly examine the anterior chamber for cell and flare?
- 23. accurately describe the anterior chamber for cell and flare?
- 24. properly examine the entire iris?
- 25. accurately describe the iris?
- 26. properly perform transillumination of the entire iris?
- 27. accurately describe iris transillumination?
- 28. examine the ocular tissues in a smooth, logical sequence?
- 29. properly instruct the patient throughout the procedure?

SKILL 10, GOLDMANN APPLANATION TONOMETRY

CSE

Did the candidate:

- 30. explain the purpose of the procedure to the patient including the drop to be used?
- 31. instill appropriate anesthetic/fluorescein combo properly in one eye as indicated by the examiner?
- 32. adjust the biomicroscope illumination system properly?
- 33. assess and describe the cornea for staining prior to tonometry?
- 34. assess and describe the quality of the tear film prior to tonometry?
- 35. set the pressure on the probe at an appropriate level (10-20 mmHg)?
- 36. properly position the tonometer and align the probe?
- 37. provide proper instructions to the patient, including a fixation target?
- 38. properly applanate the cornea in a safe and efficient manner?
- 39. adjust the biomicroscope so that the fluorescein semicircular patterns are symmetrical and centered?
- 40. ensure the tonometer mires are of appropriate width?
- 41. properly align the tonometer mires?
- 42. safely retract the tonometer?
- 43. accurately state the obtained finding with time?
- 44. assess and accurately describe the cornea using the blue filter following tonometry?
- 45. perform the procedure in a smooth and logical sequence?
- 46. educate and explain the patient's IOP?

SKILL 11, 3-MIRROR GONIOSCOPY

Did the candidate:

- 47. explain the purpose of the procedure to the patient including the drop to be used?
- 48. properly prepare the gonioscopy lens and instill anesthetic into the appropriate eye?
- 49. provide adequate instructions to the patient?
- 50. insert and utilize the gonioscopy lens in a safe and efficient manner?

Did the candidate:

- 51. obtain and maintain a clear image of the entire inferior quadrant using the appropriate mirror?
- 52. accurately identify the inferior quadrant, the most posterior visible angle structure, and iris approach?
- 53. obtain and maintain a clear image of the entire nasal quadrant using the appropriate mirror?
- 54. accurately identify the nasal quadrant and the most posterior visible angle structure?
- 55. obtain and maintain a clear image of the entire superior quadrant using the appropriate mirror?
- 56. accurately identify the superior quadrant and the most posterior visible angle structure?
- 57. obtain and maintain a clear image of the entire temporal quadrant using the appropriate mirror?
- 58. accurately identify the temporal quadrant and the most posterior visible angle structure?

Did the candidate:

- 59. maintain control of the gonioscopy lens at all times?
- 60. remove the gonioscopy lens in a safe and efficient manner?
- 61. assess and accurately describe the corneal integrity without staining at the conclusion of the procedure?
- 62. perform the procedure in a smooth and logical sequence?

SKILL 12, COLLAGEN IMPLANT INSERTION AND REMOVAL

Did the candidate:

- 63. explain the purpose of the procedure to the patient?
- 64. prepare the biomicroscope properly (set up illumination system, magnification)?
- 65. properly grasp and manipulate the implant prior to insertion without contaminating the implant?
- 66. instruct the patient regarding appropriate eye fixation?

- 67. insert half of the implant into the inferior punctum in a safe and efficient manner?
- 68. hold the implant in the punctum for 1-2 seconds?
- 69. remove the implant from the punctum then accurately describe to the examiner how the implant should be moved into the horizontal canaliculus?
- 70. perform the procedure in a smooth and logical sequence?

SKILL 13, SOFT AND GP CONTACT LENS INSERTION, EVALUATION, AND REMOVAL

Did the candidate:

- 71. explain the purpose of the procedure to the patient?
- 72. properly wash their hands for 20 seconds and dry them completely?

With respect to SCL preparation, did the candidate:

- 73. inspect the soft contact lens for any damage and describe its condition?
- 74. accurately determine and state whether the soft contact lens is inside-out?

With respect to SCL insertion, did the candidate:

- 75. instruct the patient regarding eye fixation for inserting the soft contact lens?
- 76. immobilize the patient's lids properly without patient discomfort?
- 77. insert the soft contact lens properly?
- 78. release the lid properly after the soft contact lens insertion?
- 79. instruct the patient properly after completing the soft contact lens insertion?

With respect to GPCL preparation, did the candidate:

- 80. inspect the GP contact lens for any damage and describe its condition?
- 81. apply an appropriate GP rewetting solution to prepare the GP contact lens for insertion?

With respect to GPCL insertion, did the candidate:

- 82. instruct the patient regarding eye fixation for inserting the GP contact lens?
- 83. immobilize the patient's lids properly without patient discomfort?
- 84. insert the GP CL properly (without the use of any additional anesthetic)?
- 85. instruct the patient properly after completing GP CL insertion?

With respect to evaluation of the GPCL, did the candidate:

- 86. properly prepare and instill fluorescein onto the conjunctiva of the eye with the GP contact lens?
- 87. properly position and instruct the patient within the biomicroscope?
- 88. insert the blue filter when evaluating the GP contact lens?
- 89. examine and accurately describe the movement of the GP contact lens in the primary position of gaze?
- 90. accurately describe the fluorescein pattern of the GP contact lens (central, mid-peripheral, and edge)?
- 91. accurately describe the position of the GP contact lens?

With respect to evaluation of the SCL, did the candidate:

- 92. use white light to evaluate the soft contact lens?
- 93. examine and accurately describe the fit of the soft contact lens (coverage or centration)?
- 94. examine and accurately describe the initial rotation?
- 95. examine and accurately describe the movement of the soft contact lens in appropriate positions of gaze (primary and upgaze)?

With respect to contact lens removal, did the candidate:

- 96. properly wash their hands for 20 seconds and dry them completely prior to removal of contact lenses?
- 97. instruct the patient regarding eye fixation when removing the contact lenses?
- 98. remove the soft contact lens safely and efficiently (discard into trash)?

- 99. remove the GP contact lens safely and efficiently (place into case)?
- 100. assess and accurately describe the entire cornea using the blue filter after removal of the GP contact lens?

Did the candidate:

- 101. provide proper room illumination during contact lens inspection, insertion and removal?
- 102. perform the procedures in a smooth and logical sequence?

General Items

Did the candidate:

103. maintain proper hygiene throughout the station?

SP SCORING

Did the candidate:

- 104. greet you in a professional manner?
- 105. provide an understandable explanation for the purpose of the skills?
- 106. provide you with clear instructions throughout the station?
- 107. perform the station skills in a smooth and efficient manner?
- 108. maintain a professional demeanor during the timed portion?
- 109. maintain proper hygiene throughout the station?
- 110. ensure you were free from unnecessary pain/discomfort throughout the station?